

CERTIFICATE COURSE IN NURSING



Table of Contents

About Glister Eduversity .. 03

Course Overview.... 04

Course Objective..... 05

Details of Program... 06

Content of Syllabus... 07

Reference Books..... 08



About Glister Eduversity

Today is the era of working parents and due to workload, they do not get enough time to support their children's education. Therefore, they are heavily blamed by all, in the current dialogue and debate about improving the education system, the disadvantages of improper parenting is known to all.

It is time to start parenting in the education system. With the Glister Eduversity, We present you the solution to all such problems switching towards telephonic parenting, proper guidance and development graph.

This is the first Indian institution to provide education care with parenting. Glister Education offers telephonic parenting with a right strategic plans for the student, online test series, seminar, scholarship programs, in really attractive packages.

We also guide their appointments as well as their strategies. So, let's don't wait, and achieve nothing less than success with Glister Eduversity Parenting cum Education Care.



Director: Amit Pandey

Mission

The mission of Glister Eduversity is to educate the citizens and citizen-leaders for our society.

We do this through our commitment to the transformative power of a liberal arts and sciences education.

Beginning in the classroom with exposure to new ideas, new ways of understanding, and new ways of knowing, students embark on a journey of intellectual transformation.

Through a diverse living environment, where students live with people who are studying different topics, who come from different walks of life and have evolving identities, intellectual transformation is deepened and conditions for social transformation are created.

From this we hope that students will begin to fashion their lives by gaining a sense of what they want to do with their gifts and talents, assessing their values and interests, and learning how they can best serve the world.

Vision

Glister Eduversity will set the standard for residential liberal arts and sciences education in the twenty-first century. We are committed to creating and sustaining the conditions that enable all Glister Eduversity students to experience an unparalleled educational journey that is intellectually, socially, and personally transformative.

Welcome to the Glister Eduversity, varanasi. For more than three Years, Glister Eduversity has served as our nation's flagship comprehensive institution of higher education.

Our primary goal is to become one of the most prominent and excellent educational Institute in the world. We are fortunate to have a talented, highly committed teaching and support staff here to ensure the learning environment of our students is the best it can be. Our faculties are renowned scholars and accomplished practitioners who are actively engaged in the academic excellence and innovative research ideas of the modern world. Our students are innovators, engineers, managers, great scientists, entrepreneurs, and aspiring leaders - from every age group and are located at every corner of the country. Our unique teaching and learning process with a proper blend of theory and practice crosses the boundaries of nations towards industry-readiness and global excellence.

Program overview

The nursing profession is a noble profession and requires dealing with different types of patients regularly. The most essential skill or quality a nurse should be to have patience. Besides this dedication to work with doctors, patients and other hospital administration, compassion, and excellent communication skills. A nurse should be able to communicate both in medical jargon and in laymen's terms. At last a nurse should possess strong organizational and management skills as a nurse is also responsible for maintaining patient records.

If you're interested in a rewarding career within the medical sector and you're driven by helping others, a nursing Course could be for you.

Salient Features



Nursing in India is a very flourishing career. From government hospitals to old age homes to sanatoriums to clinics, a nursing graduate can never remain unemployed.



There are ample opportunities for you after pursuing a course in Nursing. If you are working in a good organization, there are chances that you will be earning up to 80,000 RS at the initial stage of your job. Your income will increase with your experience in the field.



Get complete overview of each skill ranging from simple to complex nursing procedures



After Completion of This Course, You will get a Certificate that will be universally Acceptable.



Course Objective

The 12 Months Nursing course is for the Learners who want to work in the Health sector with the aim to learn, develop and practice required by the market. In this course, the emphasis is put on the trainee to acquire the ability to perform as a confident and competent Nurse.

The objectives of this course are to:

Course focuses on imparting candidates with the nuances of the stream and enabling them with skills to become competent nurses. The course provides knowledge of administration, activities of Hospitals, Clinics and assists the staff in carrying out their duties effectively. The program establishes grounds for research, in examining the cost related to the service, quality of patient care, policy analysis and delivery of health services. After successfully completing the program, one can explore popular job roles like Head Nursing Services, Nursing In-charge, Emergency Nurses, Nursing Assistant, etc. and the average remuneration earned by these professionals ranges between INR 2 to 5 Lakh.

Learning Outcome :

Skills acquired in a nursing certificate program can serve the successful graduate for life. Upon completing the program, graduates often find they have an increased capacity for empathy, allowing them to forge a rapport with patients and families. They also acquire more specialized skills, such as patient transportation and safe administration of medications.



Details of Programme: Certificate Course in Nursing

1. Title of the Course

The Course shall be called as "Certificate Course in Nursing ", a Regular course of 12 months (480 hrs.) Duration.

2. Duration of the Course

This is a Part time course of 480 hrs. Extended over a period of 12 months duration.

3. What You Will Get :

You Will Get a Mark sheet and a Certificate That Will be Universally Acceptable.

4. Aims and Objectives of the Course

The broad objective of the programme is to create professional Health Care worker. Health care worker is a professionally trained individual who specializes in Health care.

5. SCOPE:

Nurse, Practitioner, teacher, supervisor and manager in clinical or public health settings.

6. Syllabus

The syllabus is design to fulfill aforesaid objectives containing theory subjects as well as practical in Nursing.

Introduction to nursing	Theory : 70 Marks, Practical/Assignment : 30 Marks
Nursing care of the patient	Theory : 70 Marks, Practical/Assignment : 30 Marks
Vital signs	Theory : 70 Marks, Practical/Assignment : 30 Marks
Infection control in Clinical setting Infection	Theory : 70 Marks, Practical/Assignment : 30 Marks
Meeting the Basic Needs of a patient	Theory : 70 Marks, Practical/Assignment : 30 Marks
Mobility and Immobility	Theory : 70 Marks, Practical/Assignment : 30 Marks
Safety Promotion in Hospitals	Theory : 70 Marks, Practical/Assignment : 30 Marks

7. Eligibility Conditions

Working nursing professionals, Nursing students (BSc Nursing, GNM, ANM)

8. Course fee: INR 30,000+GST/-

Content of Syllabus :

Unit 1 :- Introduction to nursing

Nursing : Concept, Meaning , definition, Scope and functions, History of Nursing in India, Health care agencies – hospital and Community Service – Types and Functions of Hospitals Health team, Modern approaches to nursing care including holistic nursing care, Definition of health, determinants, of Health Status, Basic Human Needs, Illness and its effects on individual. Equipment and Linen .

Unit 2 :- Nursing care of the patient

Patient Environment in the hospital. Patient's Adjustment to the Hospital , Effect of hospitalization on patient and family. Admission, transfer, discharge procedures . Basic Nursing skills , Nursing Process.

Unit 3 :- Vital signs

Guidelines for taking vital signs : Body temperature: Definition, Physiology, Regulation, Factors affecting body temperature, Assessment of body temperature: sites, equipment and technique, Temperature alterations: Hyperthermia, Heat Cramps, Heat Exhaustion, Heatstroke, Hypothermia. Fever/ Pyrexia , Pulse , Assessment of pulse: sites, equipment and technique. Alterations in pulse. Respiration, Assessment of respirations: technique , Arterial Oxygen saturation, Alterations in respiration. Blood pressure, Assessment of BP: sites, equipment and technique, Common Errors in BP Assessment, Alterations in Blood Pressure . Documenting Vital Sign.

Unit 4 :- Infection control in Clinical setting Infection

Nature of infection ,Chain of infection, Types of infection, Stages of infection, Factors increasing susceptibility to Infection, Body defenses against infection: Inflammatory response & Immune Response, Health care associated infection (Nosocomial infection). Hand Hygiene , Use of Personal Protective Equipment (PPE), Standard precautions. Bio-medical waste management – Importance, Type of hospital wastes, waste segregation and hazards

Unit 5 :- Meeting the Basic Needs of a patient

Comfort , Sleep and Rest - Physiology of sleep, Factors affecting sleep, Promoting Rest and sleep, Sleep Disorders. Pain (Discomfort), Physiology, Common cause of pain, Types ,Pharmacological and Non-pharmacological pain relieving measures, Invasive techniques of pain management, CAM (Complementary & Alternative healing Modalities)

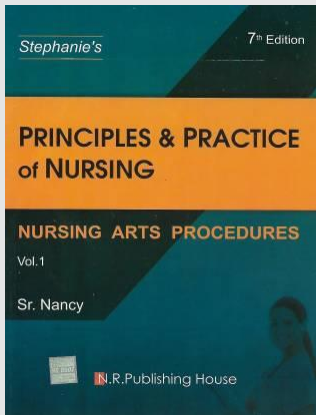
Unit 6 :- Mobility and Immobility

Elements of Normal Movement, Alignment & Posture, Joint Mobility, Balance, Coordinated Movement, Principles of body mechanics, Factors affecting Body Alignment and Activity, Exercise- Types and benefits . Effects of Immobility, Maintenance of normal Body Alignment and Activity, Alteration in Body Alignment and mobility, Nursing interventions for impaired Body.

Unit 7 :- Safety Promotion in Hospitals

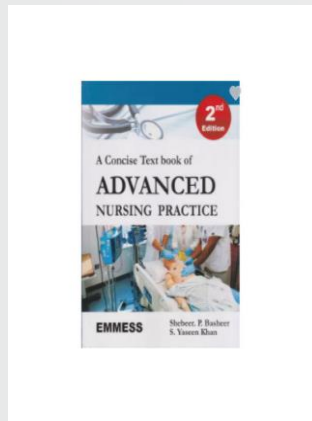
Physical hazards Control, Safety devices: Restraints- Types, Purposes, Indications, Legal Implications and Consent, Application of Restraints- Skill and Practice guidelines, Other Safety Devices: Side rails, Grab bars,

Books For Reference



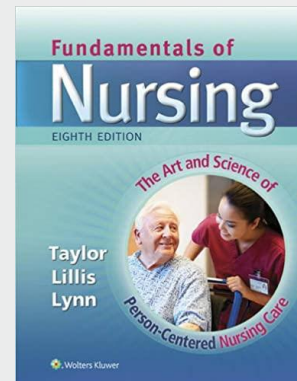
Principal & Practice of Nursing

Sr. Nancy



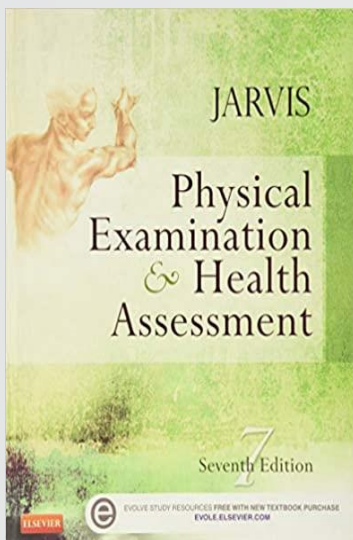
A Concise Text Book Of Advanced Nursing

Shebeer

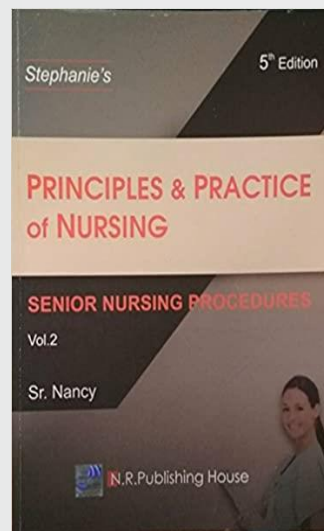


Fundamentals of Nursing

Carol



Physical exa. & Health Assessment
Carolyn



Principles & Practice Of Nursing
sr. Nancy